

Educational Psychology Service  
Kilncraigs, Greenside Street, Alloa

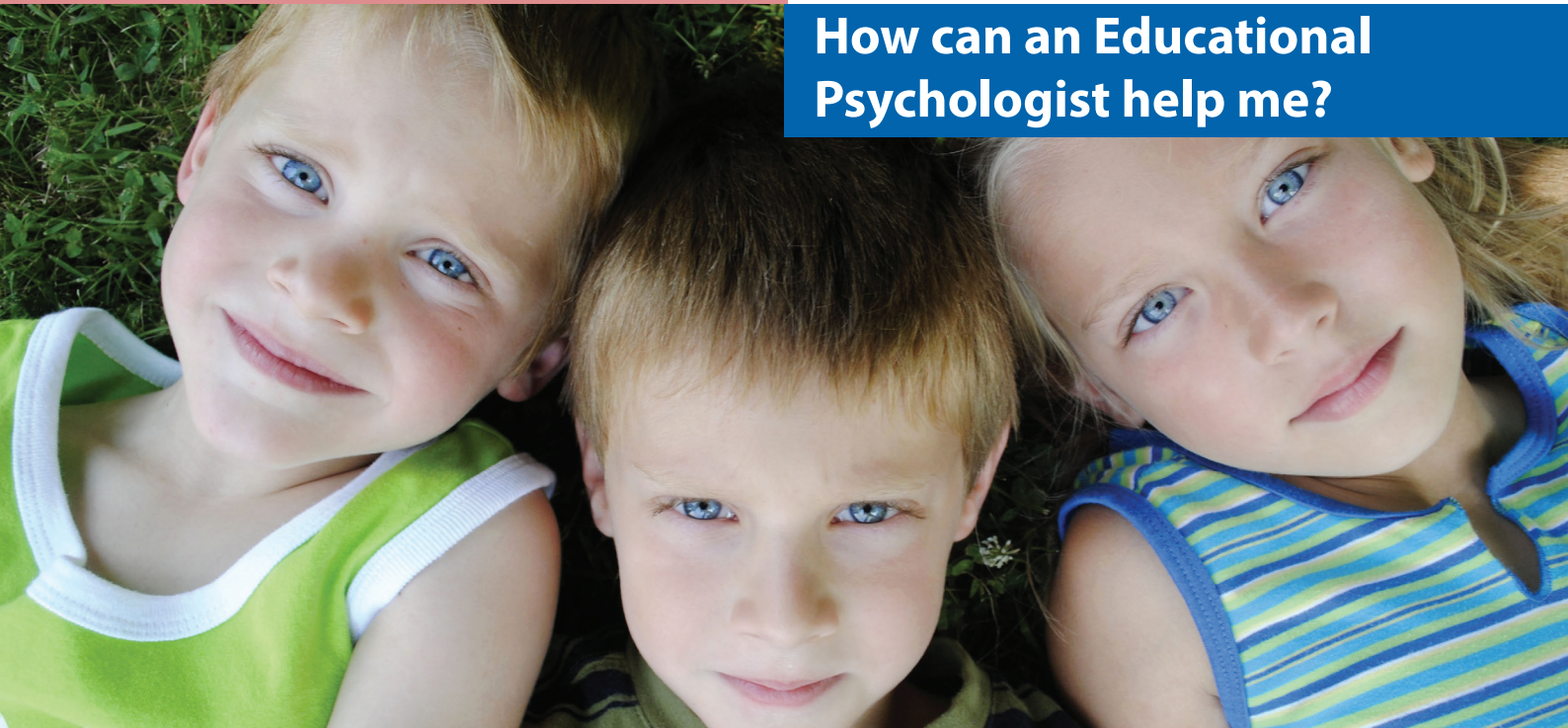
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Clackmannanshire  
Council

[www.clacksweb.org.uk](http://www.clacksweb.org.uk)

## How can an Educational Psychologist help me?



Telephone: - 01259 226000  
Email: [psychological@clacks.gov.uk](mailto:psychological@clacks.gov.uk)  
Website link.....

A Leaflet for young children

Educational Psychology Service

## Introduction

Many children can have problems that don't seem to go away. Parents/carers and other adults can try to help and sometimes this might help you feel better. If things don't get much better and your parents/carers agree, they might ask an Educational Psychologist to help.

## What is an Educational Psychologist?

An Educational Psychologist is someone who is trained to help you and adults understand: -

- ◆ how our brain works
- ◆ how we learn
- ◆ how we behave
- ◆ how we make friendships



## What can an Educational Psychologist help you with?

- ◆ Feeling upset and angry about things
- ◆ Finding school work hard
- ◆ Not getting on with your friends
- ◆ Getting into trouble at school
- ◆ Feeling unhappy at school or at home

## What will we do to help?

We might spend time listening to you and talking to you about what you are thinking and feeling.

We might come in to your school or classroom to see how you learn.

We might talk to other adults who know you well to find out the things you are good at and what you find hard.

We might come to a meeting to talk with other adults who are good at helping children and make plans to help you and share this with you.

## Will the psychologist tell people what I have said?

Almost always what you say to an Educational Psychologist is private. But if you tell us that you, or someone else, is being hurt we must let others know who can help this to stop.